

USSAA DISTRICT A (Co Down) SENIOR & INTERMEDIATE CHAMPIONSHIPS 2018

MARY PETERS TRACK

Wednesday 2nd May 2018

| INTER GIRLS 100m | | | | FINAL | 1.3 | INTER GIRLS 200m | | | | FINAL |
|------------------|-----|------------------|----------------------------|-------|-----------------------|------------------|-----------------|----------------------------|---------|-------|
| 1 | 143 | Louise Canning | Glenola Collegiate, Bangor | 12.94 | 1 | 423 | Katie Monteith | Sullivan Upp, Holywood | 27.39 | |
| 2 | 423 | Katie Monteith | Sullivan Upp, Holywood | 12.95 | 2 | 463 | Amy Stewart | Assumption | 28.33 | |
| 3 | 7 | Elizabeth Little | Banbridge Academy | 13.01 | 3 | 113 | Ellie Parkhill | Down HS, Downpatrick | 28.98 | |
| 4 | 463 | Amy Stewart | Assumption | 13.38 | 4 | 160 | Victoria Lloyd | Grosvenor GS, Belfast | 29.29 | |
| 5 | 389 | Leah McClements | Strathearn, Belfast | 13.61 | 5 | 414 | Amber Hamilton | Strathearn, Belfast | 30.73 | |
| 6 | 388 | Sophie Longstaff | Strathearn, Belfast | 13.69 | 6 | 395 | Rhiannon Brady | Strathearn, Belfast | 40.11 | |
| 7 | 6 | Molly Mathers | Banbridge Academy | 13.75 | | | | | | |
| 8 | 139 | Katie McGonigle | Glenola Collegiate, Bangor | 13.82 | | | | | | |
| INTER GIRLS 300m | | | | FINAL | INTER GIRLS 800 FINAL | | | | | |
| 1 | 428 | Rachel McCann | Sullivan Upp, Holywood | 40.47 | 1 | 392 | Murphy Miller | Strathearn, Belfast | 2.21.83 | |
| 2 | 10 | Suzy Neill | Banbridge Academy | 43.14 | 2 | 464 | Libby Maloney | Assumption | 2.23.64 | |
| 3 | 356 | Megan Briggs | St Columbanus College | 43.86 | 3 | 356 | Megan Briggs | St Columbanus College | 2.24.90 | |
| 4 | 132 | Leah Moffit | Dromore HS | 45.74 | 4 | 132 | Leah Moffit | Dromore HS | 2.28.06 | |
| 5 | 399 | Rosie Park | Strathearn, Belfast | 46.45 | 5 | 261 | Khara Edgar | Our Lady & St Pat's, Knock | 2.33.13 | |
| 6 | 398 | Aimee Stitt | Strathearn, Belfast | 47.54 | 6 | 112 | Edie Carroll | Down HS, Downpatrick | 2.33.65 | |
| 7 | 376 | Maebh Gough | St Mary's, Newry | 48.55 | 7 | 111 | Cliodhna Carey | Down HS, Downpatrick | 2.41.92 | |
| 8 | 117 | Catherine McStay | Down HS, Downpatrick | 50.47 | 8 | 322 | Kiara Cairns | Shimna Int, Newcastle | 2.42.70 | |
| | | | | | 9 | 280 | Madelyn Calvert | Regent Hse, Newtownards | 2.44.27 | |
| | | | | | 10 | 393 | Eve McKibbin | Strathearn, Belfast | 2.47.41 | |
| | | | | | 11 | 281 | Katie McKenna | Regent Hse, Newtownards | 2.50.01 | |
| | | | | | 12 | 204 | Amy Speers | Kilkeel HS, Newry | 2.53.36 | |
| | | | | | 13 | 375 | Chloe O'Hare | St Mary's, Newry | 2.54.11 | |

INTER GIRLS 1500 METRES

| | | | | |
|----|-----|--------------------|-------------------------|---------|
| 1 | 265 | Aoife McGreevy | Our Lady's GS, Newry | 5.05.13 |
| 2 | 118 | Hannah Gilliland | Down HS, Downpatrick | 5.12.82 |
| 3 | 112 | Edie Carroll | Down HS, Downpatrick | 5.18.42 |
| 4 | 464 | Libby Maloney | Assumption | 5.19.37 |
| 5 | 358 | C Turner | St Columbanus College | 5.27.29 |
| 6 | 133 | Rebecca Magee | Dromore HS | 5.38.34 |
| 7 | 13 | Lucy Bradshaw | Banbridge Academy | 5.39.97 |
| 8 | 402 | Sophie Kenny | Strathearn, Belfast | 5.43.74 |
| 9 | 290 | Sarah Moorcroft | Regent Hse, Newtownards | 5.44.63 |
| 10 | 29 | Holly McBride | Bangor Academy | 5.46.31 |
| 11 | 357 | A Turner | St Columbanus College | 6.02.16 |
| 12 | 401 | Jemima Thomas | Strathearn, Belfast | 6.11.87 |
| 13 | 177 | Kinga Polrolniczak | Grosvenor GS, Belfast | 6.32.21 |
| 14 | 178 | Emily Foreman | Grosvenor GS, Belfast | 6.35.98 |

INTER 3000m

| | | | | | |
|---|-----|---------------|-----------------------|----------|----|
| 1 | 385 | Amelia Kane | Strathearn, Belfast | 10.38.57 | NR |
| 2 | 4 | Bethany Nixon | Banbridge Academy | 11.31.45 | |
| 3 | 386 | Freya Axten | Strathearn, Belfast | 11.43.62 | |
| 4 | 133 | Rebecca Magee | Dromore HS | 12.06.76 | |
| 5 | 320 | Eve Kenneally | Shimna Int, Newcastle | 12.40.79 | |

INTER GIRLS 80 METRES HURDLES FINAL 1.5

| | | | | |
|---|-----|-------------------|----------------------------|-------|
| 1 | 173 | Tia Cashman-Hooke | Grosvenor GS, Belfast | 13.92 |
| 2 | 286 | Aimee Adams | Regent Hse, Newtownards | 14.08 |
| 3 | 149 | Brooke Stranaghan | Glenola Collegiate, Bangor | 14.4 |
| 4 | 407 | Anna McKibbin | Strathearn, Belfast | 14.55 |
| 5 | 397 | Evie Hempstead | Strathearn, Belfast | 15.47 |
| 6 | 325 | Molly Cullen | Shimna Int, Newcastle | 16.51 |
| 7 | 326 | Emily Monteith | Shimna Int, Newcastle | 16.9 |

INTER GIRLS 1500m S/CHASE

| | | | | |
|---|---|---------------|-------------------|---------|
| 1 | 4 | Bethany Nixon | Banbridge Academy | 5.55.13 |
|---|---|---------------|-------------------|---------|

INTER GIRLS 300m Hdls FINAL

| | | | | |
|---|-----|-----------------|----------------------------|-------|
| 1 | 138 | Libby Morton | Glenola Collegiate, Bangor | 53.27 |
| 2 | 281 | Katie McKenna | Regent Hse, Newtownards | 53.56 |
| 3 | 280 | Madelyn Calvert | Regent Hse, Newtownards | 64.02 |

INTER GIRLS TRIPLE JUMP

| | | | | | |
|---|-----|------------------|----------------|-------|----|
| 1 | 409 | Harriet Platt | Strathearn | 10.82 | NR |
| 2 | 227 | Emily Hill | Kilkeel HS | 10.03 | |
| 3 | 340 | Kate Lenny | Shimna | 9.83 | |
| 4 | 388 | Sophie Longstaff | Strathearn | 9.54 | |
| 5 | 71 | Nadia Bell | Bloomfield Col | 9.47 | |

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|----|-----|----------------|----------------|------|
| 6 | 153 | Rebecca Webb | Glenlola Col | 9.13 |
| 7 | 150 | Jodie Farrar | Glenlola Col | 9.1 |
| 8 | 67 | Erin Adams | Bloomfield Col | 8.34 |
| 9 | 332 | Amy Shilliday | Shimna | 8.34 |
| 10 | 310 | Lucy Mayne | Regent House | 8.17 |
| 11 | 214 | Ellie Tremlett | Kilkeel HS | 7.57 |
| 12 | 311 | Ellie O'Connor | Regent House | 7.15 |

INTER GIRLS SHOT PUTT

| | | | | |
|----|-----|-------------------|----------------------------|-------|
| 1 | 72 | Faye Nixon | Bloomfield Col, Belfast | 10.83 |
| 2 | 336 | Aoife Leckey | Shimna Int, Newcastle | 10 |
| 3 | 152 | Zoe Steen | Glenola Collegiate, Bangor | 9.02 |
| 4 | 286 | Aimee Adams | Regent Hse, Newtownards | 8.6 |
| 5 | 188 | Emma Kee | Grosvenor GS, Belfast | 8.57 |
| 6 | 123 | Holly Lyons | Down HS, Downpatrick | 8.24 |
| 7 | 337 | Annabel Cowden | Shimna Int, Newcastle | 7.75 |
| 8 | 124 | Phillipa Cleave | Down HS, Downpatrick | 7.16 |
| 9 | 468 | Anna Ferris | Grosvenor GS, Belfast | 7.15 |
| 10 | 448 | Erin Guinn | Wellington Col, Belfast | 7.07 |
| 11 | 251 | Kimberley Liggett | Newry HS | 7.05 |
| 12 | 221 | Kristyn Gannon | Kilkeel HS, Newry | 7 |
| 13 | 431 | Lucy Geoghegan | Sullivan Upp, Holywood | 7 |
| 14 | 410 | Lucy Mashford | Strathearn, Belfast | 6.98 |
| 15 | 449 | Allysa Deguzman | Wellington Col, Belfast | 6.96 |
| 16 | 467 | Emma Jess | Dromore HS | 6.94 |
| 17 | 151 | Ruby Houstoun | Glenola Collegiate, Bangor | 6.91 |
| 18 | 220 | Lucy Johnston | Kilkeel HS, Newry | 6.84 |
| 19 | 24 | Kathryn Moorehead | Banbridge HS | 6.75 |
| 20 | 411 | Sarah West | Strathearn, Belfast | 6.54 |
| 21 | 462 | Nicole McKiernan | St Joseph's Belfast | 6.24 |
| 22 | 253 | Holly Best | Newry HS | 5.91 |
| 23 | 269 | Kate McCann | Priory Col, Holywood | 5.59 |
| 24 | 23 | Bethaney Cardwell | Banbridge HS | 5.55 |

INTER GIRLS DISCUS

| | | | | |
|----|-----|----------------------|----------------------------|-------|
| 1 | 434 | Amy Kimber | Sullivan Upp, Holywood | 29.96 |
| 2 | 435 | Sasha Barrett-Ferris | Sullivan Upp, Holywood | 23.55 |
| 3 | 151 | Ruby Houstoun | Glenola Collegiate, Bangor | 22.1 |
| 4 | 309 | Imogen Greene | Regent Hse, Newtownards | 18.32 |
| 5 | 363 | J Collins | St Columbanus College | 17.5 |
| 6 | 136 | Katie Hook | Dromore HS | 17.39 |
| 7 | 269 | Kate McCann | Priory Col, Holywood | 16.09 |
| 8 | 188 | Emma Kee | Grosvenor GS, Belfast | 16.07 |
| 9 | 414 | Amber Hamilton | Strathearn, Belfast | 16.01 |
| 10 | 421 | Grace Hutchison | Strathearn, Belfast | 15.11 |
| 11 | 226 | Lyndsey Hamilton | Kilkeel HS, Newry | 14.92 |
| 12 | 137 | Nadia Howard | Dromore HS | 13.63 |
| 13 | 225 | Charley Houston | Kilkeel HS, Newry | 13.02 |
| 14 | 253 | Holly Best | Newry HS | 12.61 |
| 15 | 192 | Cassie Kennedy | Grosvenor GS, Belfast | 11.47 |

INTER GIRLS HAMMER

| | | | | |
|---|-----|-----------------|----------------------------|-------|
| 1 | 147 | Anna McCarroll | Glenola Collegiate, Bangor | 22.66 |
| 2 | 421 | Grace Hutchison | Strathearn, Belfast | 22.54 |
| 3 | 156 | Zoe Stewart | Glenola Collegiate, Bangor | 21.47 |
| 4 | 309 | Imogen Greene | Regent Hse, Newtownards | 19.8 |
| 5 | 422 | Holly Gilpin | Strathearn, Belfast | 19.43 |

INTER GIRLS JAVELIN

| | | | | |
|----|-----|----------------------|----------------------------|-------|
| 1 | 435 | Sasha Barrett-Ferris | Sullivan Upp, Holywood | 30.3 |
| 2 | 434 | Amy Kimber | Sullivan Upp, Holywood | 29.16 |
| 3 | 180 | Sasha Clare | Grosvenor GS, Belfast | 25.14 |
| 4 | 6 | Molly Mathers | Banbridge Academy | 24.51 |
| 5 | 363 | J Collins | St Columbanus College | 24.48 |
| 6 | 298 | Amy McCord | Regent Hse, Newtownards | 22.23 |
| 7 | 405 | Emma Craig | Strathearn, Belfast | 18.67 |
| 8 | 404 | Alex Fawcett | Strathearn, Belfast | 17.92 |
| 9 | 136 | Katie Hook | Dromore HS | 17.16 |
| 10 | 146 | Abbie Monaghan | Glenola Collegiate, Bangor | 15.92 |
| 11 | 147 | Anna McCarroll | Glenola Collegiate, Bangor | 10.37 |

INTER GIRLS 4 X 100m RELAY

| | | |
|---|---------------|-------|
| 1 | GLENLOLA | 52.52 |
| 2 | STARTHEARN | 53.99 |
| 3 | GROSVENOR GS | 54.32 |
| 4 | BANBRIDGE | 56.54 |
| 5 | KILKEEL HS | 58.01 |
| 6 | REGENT HOUSE | 58.51 |
| 7 | ST COLUMBANUS | 58.74 |
| 8 | SHIMNA IC | 59.1 |

SENIOR GIRLS 100m FINAL

0.2

| | | | | |
|---|-----|-----------------|----------------------------|-------|
| 1 | 390 | Molly Longstaff | Strathearn | 13.31 |
| 2 | 141 | Anna Charlick | Glenola Collegiate, Bangor | 13.61 |
| 3 | 163 | Sophie Larmour | Grosvenor GS, Belfast | 13.62 |
| 4 | 68 | Lucy Bell | Bloomfield Col, Belfast | 13.74 |
| 5 | 140 | Aimee Johnston | Glenola Collegiate, Bangor | 14.22 |
| 6 | 201 | Emma Parker | Kilkeel HS, Newry | 15.14 |
| 7 | 202 | Rebecca Wallace | Kilkeel HS, Newry | 16.41 |

SENIOR GIRLS 100H FINAL

1.4

| | | | | |
|---|-----|--------------|-------------------------|-------|
| 1 | 299 | Chloe Lennon | Regent Hse, Newtownards | 20.35 |
|---|-----|--------------|-------------------------|-------|

SENIOR GIRLS 1500m

| | | | | |
|---|-----|---------------|---------------------|---------|
| 1 | | Jessica Scott | BMC Castlereagh | 5.27.54 |
| 2 | 403 | Olivia Nelson | Strathearn, Belfast | 5.33.77 |

SENIOR GIRLS 200m FINAL

FINAL

| | | | | |
|---|-----|------------------|-------------------------|-------|
| 1 | 126 | Rachel Maguire | Down HS, Downpatrick | 26.49 |
| 2 | 69 | Kathryn Dempster | Bloomfield Col, Belfast | 28.44 |
| 3 | 396 | Ruby Baxter | Strathearn, Belfast | 29.07 |

SENIOR GIRLS 400m FINAL

FINAL

| | | | | |
|---|-----|----------------|----------------------------|-------|
| 1 | 144 | Emily Johnston | Glenola Collegiate, Bangor | 62.79 |
| 2 | 400 | Beth Crosbie | Strathearn, Belfast | 65.41 |

SENIOR GIRLS 800 METRES FINAL

| | | | | |
|---|-----|-------------------|---------------------|---------|
| 1 | 394 | Katie Wills (SEN) | Strathearn, Belfast | 2.37.15 |
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|---|-----|-----------------|---------------------------|---------|
| 3 | 425 | Nia McNally | Sullivan Upp, Holywood | 6.13.32 |
| 4 | 380 | Elisha Surginor | St Patrick's, Downpatrick | 6.21.92 |
| 5 | 396 | Ruby Baxter | Strathearn, Belfast | 6.27.05 |

SENIOR GIRLS 3000 METRES

| | | | | |
|---|-----|---------------|-----------------|----------|
| 1 | 458 | Jessica Scott | BMC Castlereagh | 12.09.65 |
| 2 | 387 | Alex Reilly | Strathearn | 12.47.21 |

SENIOR GIRLS 1500m S/Chase

| | | | | |
|---|--|-------------|-------------|---------|
| 1 | | Nia McNally | Sullivan US | 7.38.58 |
|---|--|-------------|-------------|---------|

SENIOR GIRLS HIGH JUMP

| | | | | |
|----|-----|-------------------|-------------------------|------|
| 1 | 127 | Tori McCord | Down HS, Downpatrick | 1.46 |
| 2 | 299 | Chloe Lennon | Regent Hse, Newtownards | 1.43 |
| 3 | 419 | Natalie McHugh | Strathearn, Belfast | 1.4 |
| 4= | 183 | Kirsty Millen | Grosvenor GS, Belfast | 1.35 |
| 4= | 408 | Arianne Whiteside | Strathearn, Belfast | 1.35 |

SENIOR GIRLS LONG JUMP

| | | | | |
|---|-----|-----------------|-----------------------|------|
| 1 | 126 | Rachel Maguire | Down HS, Downpatrick | 5.23 |
| 2 | 342 | Emily Forte | Shimna Int, Newcastle | 4.82 |
| 3 | 127 | Tori McCord | Down HS, Downpatrick | 4.54 |
| 4 | 390 | Molly Longstaff | Strathearn, Belfast | 4.51 |
| 5 | 201 | Emma Parker | Kilkeel HS, Newry | 4.08 |
| 6 | 202 | Rebecca Wallace | Kilkeel HS, Newry | 3.71 |

SENIOR GIRLS SHOT PUTT

| | | | | |
|---|-----|-------------------|-------------------------|------|
| 1 | 343 | Sarah Mc Glynn | Shimna Int, Newcastle | 8.81 |
| 2 | 313 | Lauren Fisher | Regent Hse, Newtownards | 8.26 |
| 3 | 231 | Gemma Strain | Kilkeel HS, Newry | 7.83 |
| 4 | 420 | Victoria Hamilton | Strathearn, Belfast | 6.98 |
| 5 | 230 | Liana Stevenson | Kilkeel HS, Newry | 6.81 |
| 6 | 418 | Hannah McCann | Strathearn, Belfast | 6.22 |

SENIOR GIRLS TRIPLE JUMP

| | | | | |
|---|-----|-------------------|-----------------------|-------|
| 1 | 417 | Kerry Annett | Strathearn, Belfast | 10.62 |
| 2 | 342 | Emily Forte | Shimna Int, Newcastle | 10.33 |
| 3 | 182 | Anna Stanfield | Grosvenor GS, Belfast | 10 |
| 4 | 394 | Katie Wills (SEN) | Strathearn, Belfast | 8.87 |

SENIOR GIRLS JAVELIN

| | | | | |
|---|-----|-----------------|----------------------------|-------|
| 1 | 312 | Sophie Laughlin | Regent Hse, Newtownards | 33.26 |
| 2 | 279 | Rachel Mercer | Regent Hse, Newtownards | 26.37 |
| 3 | 419 | Natalie McHugh | Strathearn, Belfast | 25.98 |
| 4 | 418 | Hannah McCann | Strathearn, Belfast | 20.33 |
| 5 | 442 | Holly Neill | Wellington Col, Belfast | 19.52 |
| 6 | 155 | Zara Dowds | Glenola Collegiate, Bangor | 19.27 |

SENIOR GIRLS HAMMER

| | | | | |
|---|-----|----------------|----------------------------|-------|
| 1 | 316 | Alexandra Boyd | Regent Hse, Newtownards | 29.93 |
| 2 | 413 | Zara Wilson | Strathearn, Belfast | 23.74 |
| 3 | 155 | Zara Dowds | Glenola Collegiate, Bangor | 20.53 |
| 4 | 315 | Jemma Thompson | Regent Hse, Newtownards | 20.41 |

| | | | | | | | | | |
|---|-----|-----------------------|----------------------------|------------|-----------------------|-----|-----------------|----------------------------|---------|
| 7 | 231 | Gemma Strain | Kilkeel HS, Newry | 17.28 | SENIOR GIRLS DISCUS | | | | |
| | | SENIOR 4 x 100m | FINAL | | 1 | 343 | Sarah Mc Glynn | Shimna Int, Newcastle | 32.86 |
| | | | | | 2 | 413 | Zara Wilson | Strathearn, Belfast | 21 |
| 1 | | Grosvenor GS, Belfast | | 53.46 | 3 | 230 | Liana Stevenson | Kilkeel HS, Newry | 18.42 |
| 2 | | Strathern | | 53.56 | 4 | 315 | Jemma Thompson | Regent Hse, Newtownards | 15.41 |
| 3 | | Kilkeel HS | | 59.27 | 5 | 316 | Alexandra Boyd | Regent Hse, Newtownards | 15.31 |
| | | SENIOR 4 X 300m | FINAL | | | | | | |
| 1 | | Strathearn | | 3.04.45 NR | | | | | |
| 2 | | Glenlola | | 3.06.65 | | | | | |
| | | INTER BOYS 100m | FINAL | 0.9 | INTER BOYS 200m | | FINAL | 0.4 | |
| 1 | 161 | Adam Sykes | Grosvenor GS, Belfast | 11.67 | 1 | 440 | James Armstrong | Wellington Col, Belfast | 23.54 |
| 2 | 162 | Nathan Stewart | Grosvenor GS, Belfast | 11.83 | 2 | 240 | Ethan Copes | Newry HS | 24.39 |
| 3 | 240 | Ethan Copes | Newry HS | 11.98 | 3 | 364 | Justin Clarke | St Malachy's, Castlewellan | 24.7 |
| 4 | 200 | Thomas Law | Kilkeel HS, Newry | 12 | 4 | 324 | Jerome Belanger | Shimna Int, Newcastle | 24.73 |
| 5 | 436 | Aaron McCord | Wellington Col, Belfast | 12.6 | 5 | 284 | Ryan Upritchard | Regent Hse, Newtownards | 25.12 |
| 6 | 87 | A Morrow | Campbell Col, Belfast | 12.17 | 6 | 285 | Robbie Palmer | Regent Hse, Newtownards | 25.93 |
| 7 | 27 | Scott Henry | Bangor Academy | 12.7 | 7 | 433 | Levi Hart | Sullivan Upp, Holywood | 26.5 |
| 8 | 372 | Jerome Travers | St Malachy's, Castlewellan | 13.06 | | | | | |
| | | INTER BOYS 400m | FINAL | | INTER BOYS 800m FINAL | | | | |
| 1 | 350 | Conor O'Carroll | St Colman's College Newry | 56.23 | 1 | 165 | Stephen Wright | Grosvenor GS, Belfast | 2.03.8 |
| 2 | 293 | Karl Hollywood | Regent Hse, Newtownards | 57.73 | 2 | 36 | Jakob Swann | Bangor GS | 2.04.2 |
| 3 | 267 | Hassan Ayari | Priory Col, Holywood | 58.91 | 3 | 260 | Oliver Corrigan | Our Lady & St Pat's, Knock | 2.05.5 |
| 4 | 378 | Malachy McGrady | St Patrick's, Downpatrick | 59.58 | 4 | 347 | Aidan O'Hare | St Colman's College Newry | 2.05.9 |
| 5 | 95 | A Wilding | Campbell Col, Belfast | 61.03 | 5 | 452 | Niall McKnight | Lagan Col, Belfast | 2.06.15 |
| | | | | | 6 | 259 | Lorcan McGurk | Our Lady & St Pat's, Knock | 2.06.23 |
| | | | | | 7 | 384 | Kyle Ross | Strangford Int Col | 2.07.45 |
| | | | | | 8 | 129 | Ryan McDowell | Dromore HS | 2.16.89 |

| | | | | |
|----|-----|--------------------|-------------------------|---------|
| 9 | 166 | Karl Kirkpatrick | Grosvenor GS, Belfast | 2.18.61 |
| 10 | 206 | Marc Bailey | Kilkeel HS, Newry | 2.20.72 |
| 11 | 89 | L Blackstock | Campbell Col, Belfast | 2.21.67 |
| 12 | 438 | Matthew Ritchie | Wellington Col, Belfast | 2.23.35 |
| 13 | 37 | Harry McCracken | Bangor GS | 2.23.88 |
| 14 | 453 | Antonio Mulholland | Lagan Col, Belfast | 2.26.71 |

INTER BOYS 3000m

INTER BOYS 1500m FINAL

| | | | | |
|---|-----|------------------|----------------------------|------------|
| 1 | 345 | Miceal McCaul | St Colman's College Newry | 9.05.08 NR |
| 2 | 2 | James Gracey | Aquinas GS, Belfast | 10.01.54 |
| 3 | 128 | Dylan Griffiths | Dromore HS | 10.03.97 |
| 4 | 377 | Conor McGrath | St Patrick's, Downpatrick | 10.25.83 |
| 5 | 255 | Matthew Carville | Our Lady & St Pat's, Knock | 11.16.31 |
| 6 | 31 | Nathan Agnew | Bangor GS | 11.41.62 |
| 7 | 30 | Ben Warren | Bangor GS | 11.52.27 |

| | | | | |
|----|-----|----------------------|----------------------------|---------|
| 1 | 262 | Ryan Miskelly | Our Lady & St Pat's, Knock | 4.32.02 |
| 2 | 2 | James Gracey | Aquinas GS, Belfast | 4.38.39 |
| 3 | 96 | B McMorris | Campbell Col, Belfast | 4.40.08 |
| 4 | 263 | Paul Carty | Our Lady & St Pat's, Knock | 4.41.59 |
| 5 | 179 | Joel Harrison | Grosvenor GS, Belfast | 4.45.81 |
| 6 | 295 | Jared Martin | Regent Hse, Newtownards | 4.47.15 |
| 7 | 353 | Ruairi O'Hagan | St Colman's College Newry | 4.53.17 |
| 8 | 384 | Kyle Ross | Strangford Int Col | 4.54.28 |
| 9 | 248 | Nicky Steele | Newry HS | 4.56.04 |
| 10 | 48 | Harry Angus | Bangor GS | 5.03.30 |
| 11 | 49 | Ben Emerson | Bangor GS | 5.06.14 |
| 12 | 210 | Christopher Campbell | Kilkeel HS, Newry | 5.07.65 |
| 13 | 367 | Damian McMullan | St Malachy's, Castlewellan | 5.22.11 |
| 14 | 366 | Antoni Ozga | St Malachy's, Castlewellan | 5.22.33 |
| 15 | 296 | Charlie McClements | Regent Hse, Newtownards | 5.23.42 |
| 16 | 211 | Ross Henderson | Kilkeel HS, Newry | 5.23.55 |

INTER BOYS 100H FINAL

1.4

| | | | | |
|---|-----|----------------|-------------------------|-------|
| 1 | 427 | Zac Moraghan | Sullivan Upp, Holywood | 15.34 |
| 2 | 436 | Aaron McCord | Wellington Col, Belfast | 16.99 |
| 3 | 42 | Ewan Nicholson | Bangor GS | 17.3 |
| 4 | 287 | Robbie Hammond | Regent Hse, Newtownards | 20.77 |
| 5 | 41 | Robbie Winters | Bangor GS | 21.11 |

INTER BOYS 1500m Steeplechase

INTER BOYS 400m Hdls

| | | | | |
|---|-----|--------------------|-------------------------|---------|
| 1 | 167 | Gareth Campbell | Grosvenor GS, Belfast | 4.48.64 |
| 2 | 168 | Andrew Hagen | Grosvenor GS, Belfast | 5.03.22 |
| 3 | 129 | Ryan McDowell | Dromore HS | 5.12.93 |
| 4 | 323 | Ben Ogle | Shimna Int, Newcastle | 5.38.61 |
| 5 | 296 | Charlie McClements | Regent Hse, Newtownards | 6.03.55 |

| | | | | |
|---|-----|----------------|-------------------------|-------|
| 1 | 239 | Kris Cowan | Newry HS | 64.72 |
| 2 | 238 | Oisin Nicks | Newry HS | 68.5 |
| 3 | 287 | Robbie Hammond | Regent Hse, Newtownards | 71.22 |

INTER BOYS HIGH JUMP

| | | | | |
|----|-----|-----------------------|----------------------------|------|
| 1 | 60 | Riley Westwood | Bangor GS | 1.65 |
| 2 | 26 | James Buller | Banbridge HS | 1.62 |
| 3 | 433 | Levi Hart | Sullivan Upp, Holywood | 1.56 |
| 4 | 199 | Dylan Heaney | Kilkeel HS, Newry | 1.53 |
| 5 | 224 | Simas Sumnaskas | Kilkeel HS, Newry | 1.53 |
| 6 | 95 | A Wilding | Campbell Col, Belfast | 1.5 |
| 7 | 61 | Finn Ritchie | Bangor GS | 1.5 |
| 8 | 306 | Luke Rogers | Regent Hse, Newtownards | 1.5 |
| 9 | 336 | Aoife Leckey | Shimna Int, Newcastle | 1.5 |
| 10 | 237 | Kieran Doran Gartland | New-Bridge Int, Banbridge | 1.5 |
| 11 | 450 | Tom Stanfield | Wellington Col, Belfast | 1.45 |
| 12 | 307 | Daniel Wilkinson | Regent Hse, Newtownards | 1.45 |
| 13 | 451 | Justin Bingham | Wellington Col, Belfast | 1.45 |
| 14 | 373 | Diarmuid Lavery | St Malachy's, Castlewellan | 1.45 |
| 15 | 374 | Joe O'Boyle | St Malachy's, Castlewellan | 1.45 |
| 16 | 236 | Ben McCandless | New-Bridge Int, Banbridge | 1.45 |
| 17 | 17 | Marc Matthews | Banbridge Academy | 1.4 |

INTER BOYS LONG JUMP

| | | | | |
|----|-----|--------------------|----------------------------|------|
| 1 | 432 | Jonny Moore | Sullivan Upp, Holywood | 6.07 |
| 2 | 59 | Angus Christie | Bangor GS | 5.98 |
| 3 | 235 | Martynas Giedratis | New-Bridge Int, Banbridge | 5.56 |
| 4 | 105 | E Murray | Campbell Col, Belfast | 5.55 |
| 5 | 94 | F Parkes | Campbell Col, Belfast | 5.55 |
| 6 | 424 | Sam Rutherford | Sullivan Upp, Holywood | 5.53 |
| 7 | 372 | Jerome Travers | St Malachy's, Castlewellan | 5.18 |
| 8 | 189 | Klint Depayso | Grosvenor GS, Belfast | 5.04 |
| 9 | 134 | Josh Jennings | Dromore HS | 4.95 |
| 10 | 223 | Tyler-Lee Wilson | Kilkeel HS, Newry | 4.85 |
| 11 | 239 | Kris Cowan | Newry HS | 4.81 |
| 12 | 252 | Tyler Dodds | Newry HS | 4.72 |
| 13 | 461 | Michael Mercado | St Joseph's Belfast | 4.52 |
| 14 | 305 | Reece Simpson | Regent Hse, Newtownards | 4.45 |
| 15 | 222 | Ryan Dalzell | Kilkeel HS, Newry | 4.43 |
| 16 | 25 | Joshua McKay | Banbridge HS | 4.35 |
| 17 | 371 | Ronan Mooney | St Malachy's, Castlewellan | 4.23 |

INTER BOYS TRIPLE JUMP

| | | | | |
|----|-----|----------------|-------------------------|-------|
| 1 | 327 | Matthew Sherry | Shimna Int, Newcastle | 11.92 |
| 2 | 306 | Luke Rogers | Regent Hse, Newtownards | 11.82 |
| 3 | 450 | Tom Stanfield | Wellington Col, Belfast | 11.21 |
| 4 | 200 | Thomas Law | Kilkeel HS, Newry | 11.18 |
| 5 | 243 | Matty Henning | Newry HS | 10.77 |
| 6 | 105 | E Murray | Campbell Col, Belfast | 10.74 |
| 7 | 189 | Klint Depayso | Grosvenor GS, Belfast | 10.59 |
| 8 | 244 | Dominik Dudka | Newry HS | 10.57 |
| 9 | 134 | Josh Jennings | Dromore HS | 10.52 |
| 10 | 328 | Declan Beattie | Shimna Int, Newcastle | 10.22 |
| 11 | 45 | Finlay Keenan | Bangor GS | 10.19 |

INTER BOYS SHOT PUTT

| | | | | |
|----|-----|-------------------|----------------------------|-------|
| 1 | 303 | Samuel Attipoe | Regent Hse, Newtownards | 11.29 |
| 2 | 60 | Riley Westwood | Bangor GS | 11.09 |
| 3 | 57 | Kristen McNeice | Bangor GS | 10.1 |
| 4 | 250 | Karolis Lukauskas | Newry HS | 10.02 |
| 5 | 361 | D Majewski | St Columbanus College | 9.74 |
| 6 | 374 | Joe O'Boyle | St Malachy's, Castlewellan | 9.73 |
| 7 | 187 | Scott Pengelly | Grosvenor GS, Belfast | 9.6 |
| 8 | 101 | L Collins | Campbell Col, Belfast | 9.59 |
| 9 | 447 | Chris Beattie | Wellington Col, Belfast | 8.92 |
| 10 | 335 | Luka Halissay | Shimna Int, Newcastle | 8.8 |
| 11 | 302 | Will Hopes | Regent Hse, Newtownards | 8.76 |

| | | | | | | | | | |
|----|-----|------------------|-------------------|------|----|-----|-----------------|-------------------------|------|
| 12 | 223 | Tyler-Lee Wilson | Kilkeel HS, Newry | 9.91 | 12 | 334 | Artur Gutzowski | Shimna Int, Newcastle | 8.48 |
| 13 | 51 | Josh Carroll | Bangor GS | 8.91 | 13 | 249 | Lee Henry | Newry HS | 8.43 |
| | | | | | 14 | 102 | J Boal | Campbell Col, Belfast | 8.22 |
| | | | | | 15 | 18 | Joshua Clarke | Banbridge HS | 8.01 |
| | | | | | 16 | 362 | A Rogan | St Columbanus College | 7.09 |
| | | | | | 17 | 451 | Justin Bingham | Wellington Col, Belfast | 6.61 |

INTER BOYS DISCUS

| | | | | |
|----|-----|------------------|-------------------------|-------|
| 1 | 361 | D Majewski | St Columbanus College | 33.35 |
| 2 | 284 | Ryan Upritchard | Regent Hse, Newtownards | 29.94 |
| 3 | 184 | Joshua Patterson | Grosvenor GS, Belfast | 28.79 |
| 4 | 444 | Paddy Boyle | Wellington Col, Belfast | 28.54 |
| 5 | 443 | Robbie Meng | Wellington Col, Belfast | 27.14 |
| 6 | 185 | Ross McGrath | Grosvenor GS, Belfast | 26.09 |
| 7 | 213 | Jake McDowell | Kilkeel HS, Newry | 21.03 |
| 8 | 53 | Jack Nesbitt | Bangor GS | 20.75 |
| 9 | 300 | Adam McClure | Regent Hse, Newtownards | 20.65 |
| 10 | 52 | Chris Pyper | Bangor GS | 20.57 |
| 11 | 473 | Shaheen Nicks | Newry HS | 19.9 |
| 12 | 17 | Marc Matthews | Banbridge Academy | 19.41 |
| 13 | 15 | Ross Graham | Banbridge Academy | 18.64 |
| 14 | 330 | Ben McGuigan | Shimna Int, Newcastle | 17.94 |
| 15 | 331 | George Johnston | Shimna Int, Newcastle | 17.91 |
| 16 | 246 | Chino Abela | Newry HS | 17.64 |

INTER BOYS HAMMER

| | | | | |
|---|-----|------------------|-------------------------|-------|
| 1 | 302 | Will Hopes | Regent Hse, Newtownards | 29.67 |
| 2 | 184 | Joshua Patterson | Grosvenor GS, Belfast | 29.2 |
| 3 | 443 | Robbie Meng | Wellington Col, Belfast | 28.73 |
| 4 | 303 | Samuel Attipoe | Regent Hse, Newtownards | 27.01 |

INTER BOYS JAVELIN

| | | | | |
|----|-----|-----------------|-------------------------|-------|
| 1 | 247 | Kasper Kosny | Newry HS | 35.17 |
| 2 | 301 | Adam Lynas | Regent Hse, Newtownards | 32.23 |
| 3 | 427 | Zac Moraghan | Sullivan Upp, Holywood | 31.52 |
| 3 | 186 | Daniel Smyth | Grosvenor GS, Belfast | 30.52 |
| 5 | 56 | Robbie Grant | Bangor GS | 30.26 |
| 6 | 55 | Jack Angus | Bangor GS | 29.38 |
| 7 | 94 | F Parkes | Campbell Col, Belfast | 29.32 |
| 8 | 438 | Matthew Ritchie | Wellington Col, Belfast | 27.6 |
| 9 | 446 | Kyle McWatters | Wellington Col, Belfast | 26.57 |
| 10 | 15 | Ross Graham | Banbridge Academy | 24.14 |
| 11 | 430 | Lewis Drain | Sullivan Upp, Holywood | 23.28 |
| 12 | 335 | Luka Halissay | Shimna Int, Newcastle | 22.73 |
| 13 | 331 | George Johnston | Shimna Int, Newcastle | 21.82 |
| 14 | 16 | Scott Graham | Banbridge Academy | 20.35 |
| 15 | 248 | Nicky Steele | Newry HS | 20.35 |
| 16 | 216 | Tom Elliott | Kilkeel HS, Newry | 19.72 |

INTER BOYS 4 X 100m FINAL

| | | |
|---|--------------|-------|
| 1 | GROSVENOR | 46.76 |
| 2 | NEWRY | 49.44 |
| 3 | CCB | 49.69 |
| 4 | BANBRIDGE HS | 53.69 |

SENIOR BOYS 100m FINAL 1.6

| | | | | |
|---|-----|--------------------|----------------------------|-------|
| 1 | 34 | Aaron Sexton | Bangor GS | 10.79 |
| 2 | 266 | Desire Bamisile | Priory Col, Holywood | 11.58 |
| 3 | 257 | Niall Blair | Our Lady & St Pat's, Knock | 11.6 |
| 4 | 383 | Luke Adair | Strangford Int Col | 11.87 |
| 5 | 88 | P Adeoye | Campbell Col, Belfast | 11.98 |
| 6 | 74 | Stuart Wightman | BMC, Castlereagh | 12.37 |
| 7 | 35 | Timothy Acheson | Bangor GS | 12.46 |
| 8 | 73 | Joashua Richardson | BMC, Castlereagh | 12.53 |

SENIOR BOYS 200m FINAL 2.8

| | | | | | |
|------|-----|-------------------|------------------------|-------|----|
| NR 1 | 34 | Aaron Sexton | Bangor GS | 21.44 | NR |
| 2 | 426 | Isaac Hart | Sullivan Upp, Holywood | 23.22 | |
| 3 | 92 | W.Davis | Campbell Col, Belfast | 23.81 | |
| 4 | 93 | C.Auchmuty | Campbell Col, Belfast | 23.92 | |
| 5 | 383 | Luke Adair | Strangford Int Col | 24.51 | |
| 6 | 81 | Joshua Battishill | BMC, Castlereagh | 25.18 | |
| 7 | 40 | Louis Gault-Reid | Bangor GS | 25.45 | |

SENIOR BOYS 400m FINAL

| | | | | |
|---|-----|-------------------|---------------------------|-------|
| 1 | 294 | Adam Hughes | Regent Hse, Newtownards | 51.83 |
| 2 | 352 | Eoghan Byrne | St Colman's College Newry | 52.06 |
| 3 | 175 | Nathan McBride | Grosvenor GS, Belfast | 53.16 |
| 4 | 379 | Matthew McGrattan | St Patrick's, Downpatrick | 56.26 |
| 5 | 266 | Desire Bamisile | Priory Col, Holywood | 56.6 |
| 6 | 455 | David Merron | Lagan Col, Belfast | 56.69 |
| 7 | 79 | Andrew Smyth | BMC, Castlereagh | 59.03 |

800 METRES SENIOR BOYS FINAL

| | | | | |
|---|-----|------------------|---------------------------|---------|
| 1 | 348 | David Corkey | St Colman's College Newry | 2.02.78 |
| 2 | 355 | Tom Magee | St Colman's College Newry | 2.08.75 |
| 3 | 39 | John Ewing | Bangor GS | 2.10.31 |
| 4 | 38 | Cameron Jenkins | Bangor GS | 2.15.05 |
| 5 | 76 | Jake Hanlon | BMC, Castlereagh | 2.38.25 |
| 6 | 75 | Jack Livingstone | BMC, Castlereagh | 3.01.39 |

SENIOR BOYS 1500m FINAL

| | | | | |
|---|-----|-----------------------|----------------------------|---------|
| 1 | 354 | Jack O'Farrell | St Colman's College Newry | 4.14.29 |
| 2 | 3 | Peter Gracey | Aquinas GS, Belfast | 4.17.72 |
| 3 | 97 | M Caves | Campbell Col, Belfast | 4.24.66 |
| 4 | 369 | Conor McAnulty | St Malachy's, Castlewellan | 4.55.52 |
| 5 | 119 | Johnny Erksine | Down HS, Downpatrick | 5.03.93 |
| 6 | 50 | Matthew Armstrong-Sax | Bangor GS | 5.28.87 |
| 7 | 39 | John Ewing | Bangor GS | 5.41.02 |

SENIOR BOYS 5000m FINAL

| | | | | |
|---|-----|-------------------|----------------------------|----------|
| 1 | 256 | Peter Carty | Our Lady & St Pat's, Knock | 17.07.91 |
| 2 | 319 | Jake Rushby | SERC, Bangor | 19.10.54 |
| 3 | 274 | Joshua McClements | Regent Hse, Newtownards | 20.15.54 |

SENIOR 400 HURDLES

| | | | | |
|---|-----|------------|-----------------------|-------|
| 1 | 158 | Joel Wyatt | Grosvenor GS, Belfast | 67.57 |
|---|-----|------------|-----------------------|-------|

SENIOR BOYS 100H FINAL 0.5

| | | | | |
|---|-----|------------|-----------------------|-------|
| 1 | 158 | Joel Wyatt | Grosvenor GS, Belfast | 21.46 |
|---|-----|------------|-----------------------|-------|

SENIOR 1500m Steeplechase

2 43 Andrew Finlay Bangor GS 28.57

1 131 Ethan Dunn Dromore HS 4.52.26

2 91 J Anthony Campbell Col, Belfast 4.53.22

3 242 Timmy McCammon Newry HS 5.09.86

SENIOR BOYS HIGH JUMP

SENIOR BOYS LONG JUMP

1 125 Kris Martin Down HS, Downpatrick 1.66

1 194 Nathan Chan Grosvenor GS, Belfast 5.94

2 62 James Shannon Bangor GS 1.63

2 426 Isaac Hart Sullivan Upp, Holywood 5.72

3 191 Jordan Brown Grosvenor GS, Belfast 1.63

3 106 A Russell Campbell Col, Belfast 5.58

4 107 J Stinson Campbell Col, Belfast 5.51

5 63 Tim Webb Bangor GS 5.39

SENIOR BOYS TRIPLE JUMP

6 229 Andrew McConnell Kilkeel HS, Newry 5.35

1 194 Nathan Chan Grosvenor GS, Belfast 12.77

7 191 Jordan Brown Grosvenor GS, Belfast 5.25

2 63 Tim Webb Bangor GS 11

8 82 Dean Hewitt BMC, Castlereagh 4.08

3 81 Joshua Battishill BMC, Castlereagh 10.92

4 229 Andrew McConnell Kilkeel HS, Newry 10.75

SENIOR BOYS SHOT PUTT

SENIOR BOYS DISCUS

1 195 James McMaster Grosvenor GS, Belfast 10.26

1 54 Adam Pritchard Bangor GS 27.61

2 83 Jordan Birnie BMC, Castlereagh 9.91

2 304 Matthew McFarland Regent Hse, Newtownards 21.54

3 314 Reece Cully Regent Hse, Newtownards 9.84

4 65 Gareth Wells Bangor GS 9.45

5 84 Oussama Bouzza BMC, Castlereagh 9

SENIOR BOYS JAVELIN

6 196 Mark McCance Grosvenor GS, Belfast 8.38

1 103 O Yandall Campbell Col, Belfast 45.9

7 64 Zach Kerr Bangor GS 7.7

2 304 Matthew McFarland Regent Hse, Newtownards 43.38

SENIOR BOYS HAMMER

3 74 Stuart Wightman BMC, Castlereagh 40.86

1 195 James McMaster Grosvenor GS, Belfast 30.92

4 58 James Crawford Bangor GS 26.2

2 314 Reece Cully Regent Hse, Newtownards 20.7

5 80 Jack Mcilroy BMC, Castlereagh 20.08

SENIOR 4 X 100m FINAL

SENIOR 4 X 400m FINAL

| | | | | | | |
|---|-----------|-------|---|-------------|---------|----|
| 1 | BANGOR GS | 46.31 | 1 | St COLEMANS | 3.38.21 | NR |
| 2 | CCB | 47.96 | 2 | GGS | 3.52.60 | |
| 3 | BMC | 49.02 | 3 | Bangor GS | 4.03.75 | |
| 4 | GGS | 55.4 | | | | |

HEATS

INTER GIRLS 100 METRES HEATS

| HEAT 1 | | | | -0.2 | HEAT 2 | | | | 0.7 | | |
|--------|-----|------------------|----------------------------|-------|--------|---|-----|-----------------|-----------------------|-------|---|
| 1 | 143 | Louise Canning | Glenola Collegiate, Bangor | 12.9 | Q | 1 | 463 | Amy Stewart | Assumption | 13.23 | Q |
| 2 | 6 | Molly Mathers | Banbridge Academy | 13.4 | q | 2 | 389 | Leah McClements | Strathearn, Belfast | 13.58 | q |
| 3 | 388 | Sophie Longstaff | Strathearn, Belfast | 13.41 | q | 3 | 160 | Victoria Lloyd | Grosvenor GS, Belfast | 13.77 | |
| 4 | 159 | Rhea Stewart | Grosvenor GS, Belfast | 13.91 | | 4 | 456 | Katie Hand` | Lagan Col, Belfast | 15.27 | |
| 5 | 67 | Erin Adams | Bloomfield Col, Belfast | 14.21 | | 5 | 459 | Orlaith Rogers | St Joseph's Belfast | 15.3 | |
| 6 | 329 | Leanne Taylor | Shimna Int, Newcastle | 14.4 | | 6 | 264 | Ciara Austin | Our Lady's GS, Newry | 15.33 | |
| 7 | 197 | Caitlin Rae | Kilkeel HS, Newry | 14.5 | | 7 | 109 | Ruth Garrett | Down HS, Downpatrick | 15.62 | |
| HEAT 3 | | | | 2.5 | | | | | | | |
| 1 | 423 | Katie Monteith | Sullivan Upp, Holywood | 12.82 | Q | | | | | | |
| 2 | 7 | Elizabeth Little | Banbridge Academy | 12.94 | q | | | | | | |
| 3 | 139 | Katie McGonigle | Glenola Collegiate, Bangor | 13.68 | q | | | | | | |
| 4 | 108 | Charlotte Spratt | Down HS, Downpatrick | 14 | | | | | | | |
| 5 | 341 | Chelsea Mc Cabe | Shimna Int, Newcastle | 14 | | | | | | | |
| 6 | 198 | Jayne Hanna | Kilkeel HS, Newry | 15.15 | | | | | | | |
| 7 | 460 | Anna Quinn | St Joseph's Belfast | 16.22 | | | | | | | |

INTER BOYS 100 METRES HEATS

| HEAT 1 | | | | 1.5 | HEAT 2 | | | | -0.5 | | |
|--------|-----|------------------|----------------------------|-------|--------|---|-----|-----------------|-----------------------|-------|---|
| 1 | 372 | Jerome Travers | St Malachy's, Castlewellan | 12.35 | Q | 1 | 161 | Adam Sykes | Grosvenor GS, Belfast | 11.75 | Q |
| 2 | 27 | Scott Henry | Bangor Academy | 12.47 | q | 2 | 200 | Thomas Law | Kilkeel HS, Newry | 12.08 | q |
| 3 | 437 | Leo McMillan | Wellington Col, Belfast | 12.64 | | 3 | 110 | Jonathan Graham | Down HS, Downpatrick | 12.49 | |
| 4 | 33 | Michael McCreary | Bangor GS | 12.73 | | 4 | 86 | A Collins | Campbell Col, Belfast | 12.53 | |
| 5 | 18 | Joshua Clarke | Banbridge HS | 12.77 | | 5 | 32 | William Simpson | Bangor GS | 12.85 | |
| 6 | 461 | Michael Mercado | St Joseph's Belfast | 13.38 | | 6 | 241 | Jack Jennings | Newry HS | 13.05 | |

HEAT 3

| | | | | | |
|---|-----|----------------|-------------------------|-------|---|
| 1 | 240 | Ethan Copes | Newry HS | 11.81 | Q |
| 2 | 162 | Nathan Stewart | Grosvenor GS, Belfast | 11.82 | q |
| 3 | 436 | Aaron McCord | Wellington Col, Belfast | 12.04 | q |
| 4 | 87 | A Morrow | Campbell Col, Belfast | 12.08 | q |
| 5 | 199 | Dylan Heaney | Kilkeel HS, Newry | 12.57 | |
| 6 | 424 | Sam Rutherford | Sullivan Upp, Holywood | 12.87 | |

INTER GIRLS 300 METRES SEMI FINALS

| SEMI FINAL 1 | | | | | SEMI FINAL 2 | | | | | |
|--------------|-----|---------------|------------------------|-------|--------------|---|-----|------------------|-------------------------|-------|
| 1 | 428 | Rachel McCann | Sullivan Upp, Holywood | 41.35 | Q | 1 | 398 | Aimee Stitt | Strathearn, Belfast | 47.34 |
| 2 | 10 | Suzy Neill | Banbridge Academy | 43.29 | Q | 2 | 376 | Maebh Gough | St Mary's, Newry | 48.46 |
| 3 | 356 | Megan Briggs | St Columbanus College | 43.46 | q | 3 | 117 | Catherine McStay | Down HS, Downpatrick | 50.06 |
| 4 | 399 | Rosie Park | Strathearn, Belfast | 45.64 | q | 4 | 291 | Bethany Burrows | Regent Hse, Newtownards | 50.8 |
| 5 | 132 | Leah Moffit | Dromore HS | 45.81 | q | 5 | 456 | Katie Hand` | Lagan Col, Belfast | 55.53 |
| | | | | | | 6 | 11 | Olivia Daly | Banbridge Academy | 56.33 |

INTER BOYS 400 METERS SEMI FINALS

SEMI FINAL 1

SEMI FINAL 2

| | | | | | | | | | | |
|---|-----|----------------|---------------------------|-------|---|---|-----|-----------------|---------------------------|-------|
| 1 | 293 | Karl Hollywood | Regent Hse, Newtownards | 58.48 | Q | 1 | 350 | Conor O'Carroll | St Colman's College Newry | 57.21 |
| 2 | 45 | Finlay Keenan | Bangor GS | 59.8 | Q | 2 | 95 | A Wilding | Campbell Col, Belfast | 59.1 |
| 3 | 234 | Jamie Silcock | New-Bridge Int, Banbridge | 63.8 | q | 3 | 267 | Hassan Ayari | Priory Col, Holywood | 60 |
| 4 | 454 | Riley Melin | Lagan Col, Belfast | 70.36 | | 4 | 44 | Lewis Mackinnon | Bangor GS | 60.13 |
| | | | | | | 5 | 378 | Malachy McGrady | St Patrick's, Downpatrick | 60.59 |

SENIOR BOYS 400 METRES SEMI FINALS

| | | | | | | | | | | |
|---|-----|-------------------|-------------------------|-------|--|---|-----|-------------------|---------------------------|-------|
| 1 | 294 | Adam Hughes | Regent Hse, Newtownards | 55.63 | | 1 | 352 | Eoghan Byrne | St Colman's College Newry | 53.58 |
| 2 | 266 | Desire Bamisile | Priory Col, Holywood | 56.15 | | 2 | 455 | David Merron | Lagan Col, Belfast | 54.87 |
| 3 | 175 | Nathan McBride | Grosvenor GS, Belfast | 58.83 | | 3 | 379 | Matthew McGrattan | St Patrick's, Downpatrick | 55.41 |
| 4 | 79 | Andrew Smyth | BMC, Castlereagh | 59.54 | | 4 | 457 | Johnathan Bell | Lagan Col, Belfast | 60.61 |
| 5 | 47 | Charles Mackinnon | Bangor GS | 60.58 | | | | | | |

Q
Q
q

Q
Q
q
q
q

—