



***Irish Life Health All Ireland Schools' Cross Country Championships 2018
W.I.T Arena, Waterford - Saturday 10th March 2018***

Timetable:

| | | | |
|--------------|--------|-----------------|--------------|
| Minor Girls | 2,000m | Call Up 11:50am | Race 12 Noon |
| Minor Boys | 2,500m | Call Up 12:05pm | Race 12:15pm |
| Junior Girls | 2,500m | Call Up 12:20pm | Race 12:30pm |
| Junior Boys | 3,500m | Call Up 12:40pm | Race 12:50pm |

****Presentation*** ***Minor and Junior Team prizes – Indoor Arena*** ***1.10pm***

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|--------------------|--------|----------------|-------------|
| Intermediate Girls | 3,500m | Call Up 1:20pm | Race 1:30pm |
| Intermediate Boys | 5,000m | Call Up 1:40pm | Race 1.50pm |
| Senior Girls | 2,500m | Call Up 2:05pm | Race 2:15pm |
| Senior Boys | 6,000m | Call Up 2:20pm | Race 2:30pm |

****Presentation*** ***Intermediate and Senior Team prizes – Indoor Arena*** ***15.00pm***

Directions:

The Waterford IT Arena is located just off the N25 Dual Carriageway (Waterford City by pass road) on the western outskirts of the city. From the North and East stay on the N25 through the Toll Plaza. After 2km take the next exit (for the R710 signed Waterford South/Tramore). Take the first exit to the left off the roundabout. After 500m at the next roundabout the competition site will be immediately on the right (2nd exit).

From the West take the N25 through the Carrick Road Roundabout where the N25 becomes a Dual Carraigeway. After 5km take the next exit (for the R710 signed Waterford South/Tramore). At the first roundabout take the second exit and cross over the N25. After 75m go straight through the next roundabout. After 500m at the next roundabout the competition site will be immediately on the right (2nd exit).

Park as directed by the stewards!