

ULSTER SECONDARY SCHOOLS TRACK & FIELD CHAMPIONSHIPS 2023

Track

Friday 19th May

13	3.30	MG	75mH	Semi				
14	3.45	MB	75mH	Semi				
15	4.00	JG	75mh	Semi	1	3.30	JG	Hammer
16	4.15	JB	80mH	Semi	2	4.15	JB	Hammer
17	4:30	JG	1200m W	Final	3	5.00	IG	Hammer
18	4.45	JB	1200m W	Final	4	5.45	SG	Hammer
19	5.00	MG	75mH	Final	5	6.00	SG	High Jump
20	5.05	MB	75mH	Final	6		IB	Pole Vault
21	5.10	JG	75mH	Final	7		SB	Pole Vault
22	5.15	IG	80mH	Semi	8		IG JG	Pole Vault
23	5.25	JB	80mH	Final	9		SG	Pole Vault
24	5.30	SG	100mh	Final	10	6.30	IB	Hammer
25	5.35	IB	100mh	Semi	11	7.00	SB	High Jump
26	5.40	SB	110mH	Final	12	7.15	SB	Hammer
27	5.45	IG	1500m S/C	Final				
28	5.55	SG	1500m S/C	Final				
29	6.05	IG	300mH	Semi				
30	6.15	IB	400mH	Semi				
31	6.25	SG	400mH	Final				
32	6.30	SB	400mH	Final				
33	6.35		100M Para	Final				
34	6.40	IG	80mH	Final				
	6.45	IB	100mH	Final				
35	6.50	IB	3000m	Final				
36	7.05	IG	3000m	Final				
37	7.05	SG	3000m	Final				
38	7.20	IG	300mH	Final				
39	7.25	IB	400MH	Final				
40	7.30	IB	1500m S/C	Final				
41	7.38	SB	2000mS/C	Final				
42	7.45	SB	5000M	Final				
43	8.05	IG	2000m W	Final				
44	8.05	IB	2000m W	Final				
45	8.05	SG	3000m W	Final				
46	8.05	SB	3000m W	Final				
47	8.25	SG	4x300m	Final				
48	8.30	SB	4x400m	Final				

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SATURDAY, MAY 20th

Track					Main track					FIELD				
49	9.30	Mini G	100m	Semi	85	2.00	Mini G	100m	Final	125	9.30	IG	High Jump	Final
50	9.36	Mini B	100m	Semi	86	2.03	Mini B	100m	Final	126	9.30	MB	High Jump	Final
51	9.42	MG	100m	Semi	87	2.06	MG	100m	Final	127	9.30	SG	Long Jump	Final
52	9.48	MB	100m	Semi	88	2.09	MB	100m	Final	128	9.30	JG	Long Jump	Final
53	9.54	JG	100m	Semi	89	2.12	JG	100m	Final	129	9.30	SG	Shot	Final
54	10.00	JB	100m	Semi	90	2.15	JB	100m	Final	130	9.30	JB	Shot	Final
55	10.06	IG	100m	Semi	91	2.18	IG	100m	Final	131	9.30	SB	Discus	Final
56	10.12	IB	100m	Semi	92	2.21	IB	100m	Final					
57	10.18	SG	100m	Semi	93	2.24	SG	100m	Final	132	10.00	IB	Triple Jump	Final
58	10.24	SB	100m	Semi	94	2.27	SB	100m	Final	133	10.00	JG	Javelin	Final
59	10.30	Mini G	800m	Final	95	2.30	IG	800m	Final	134	10.30	JB	Discus	Final
60	10.34	Mini B	800m	Final	96	2.35	IB	800m	Final					
61	10.38	MG	800m	Final	97	2.40	SG	800m	Final	135	11.00	Mini B	High Jump	Final
62	10.42	MB	800m	Final	98	2.45	SB	800m	Final	136	11.00	MG	High Jump	Final
63	10.46	JG	800m	Final						137	11.00	IG	Long Jump	Final
64	10.50	JB	800m	Final	99	2.50	JG	200m	Final	138	11.00	MB	Long Jump	Final
					100	2.53	JB	200m	Final	139	11.00	IG	Shot	Final
65	10.54	IG	300m	Semi	101	2.56	IG	200m	Final	140	11.00	MB	Shot	Final
66	11.02	IB	400m	Semi	102	2.59	IB	200m	Final					
67	11.08	SG	400m	Semi	103	3.02	SG	200m	Final	141	11.15	SB	Triple jump	Final
68	11.12	SB	400m	Semi	104	3.05	SB	200m	Final	142	11.15	SG	Javelin	Final
69	11.25	JG	200m	Semi	105	3.15	IG	300m	Final	143	12.00	IB	Discus	Final
70	11.29	JB	200m	Semi	106	3.20	IB	400m	Final					
71	11.33	IG	200m	Semi	107	3.25	SG	400m	Final	144	12.15	JB	Javelin	Final
72	11.37	IB	200m	Semi	108	3.30	SB	400m	Final	145	12.15	SG	Triple Jump	Final
73	11.41	SG	200m	Semi										
74	11.45	SB	200m	Semi	109	3.35	JG	1500m	Final	146	12.30	Mini G	High Jump	Final
					110	3.42	JB	1500m	Final	147	12.30	SB	Shot	Final
					111	3.49	IG	1500m	Final	148	12.30	MG	Shot	Final
75	12.10	Mini G	4x100m	Semi	112	3.56	IB	1500m	Final	149	12.30	SB	Long Jump	Final
76	12.20	Mini B	4x100m	Semi	113	4.03	SG	1500m	Final	150	12.30	IB	Long Jump	Final
77	12.30	MG	4x100m	Semi	114	4.10	SB	1500m	Final	151	12.30	JB	High Jump	Final
78	12.40	MB	4x100m	Semi										
79	12.50	JG	4x100m	Semi	115	4.20	Mini G	4x100m	Final					
80	1.00	JB	4x100m	Semi	116	4.25	Mini B	4x100m	Final	152	1.15	JG	Triple Jump	Final
81	1.10	IG	4x100m	Semi	117	4.30	MG	4x100m	Final	153	1.30	SG	Discus	Final
82	1.20	IB	4x100m	Semi	118	4.35	MB	4x100m	Final	154	1.45	IG	Javelin	Final
83	1.30	SG	4x100m	Semi	119	4.40	JG	4x100m	Final	155	2.00	IB	High Jump	Final
84	1.40	SB	4x100m	Semi	120	4.45	JB	4x100m	Final	156	2.00	JG	High Jump	Final
					121	4.50	IG	4x100m	Final	157	2.00	Mini B	Long Jump	Final
					123	4.55	IB	4x100m	Final	158	2.00	MG	Long Jump	Final
					123	5.00	SG	4x100m	Final	159	2.00	IB	Shot	Final
					124	5.05	SB	4x100m	Final	160	2.00	Mini G	Shot	Final
										161	2.30	JG	Discus	Final
										162	2.45	IG	Triple Jump	Final
										163	3.00	IB	Javelin	Final
										164	3.30	Mini G	Long Jump	Final
										165	3.30	JB	Long Jump	Final
										166	3.30	JG	Shot	Final
										167	3.30	Mini B	Shot	Final
										168	3.45	IG	Discus	Final
										169	4.00	JB	Triple Jump	Final
										170	4.15	SB	Javelin	Final

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