



E DISTRICT INTERMEDIATE AND SENIOR TIMETABLE
The Peace Link, Clones
Tuesday 30th April 2024

| Time | Track | Time | Field |
|-------------|--|-------------|---|
| 10.15am | IG/IB/SG 3000m SB 5000m (may be 3000m) | 10.15am | IG/SG High Jump IB/SB Shot IB/SB Triple Jump |
| 10.35am | IG 300m Hurdles | | |
| 10.40am | IG 100m Heats IB 100m Heats SG 100m Heats SB 100m Heats | | |
| 11.10am | IG 800m SG 800m IB 800m SB 800m | 11.15am | IG/SG Long Jump IB/SB High Jump |
| 11.30pm | IG/IB Relay Heats | | |
| 11.50 am | IG 200m Heats IB 200m Heats SG 200m Final SB 200m Heats | | |
| 12.10 pm | IG 300m (possible time trials) IB 400m (possible time trials) SG 400m SB 400m | 12.15pm | IB/SB Long Jump IG/SG Javelin IG/SG Triple Jump |
| 12.25pm | IG 100m Final IB 100m Final SG 100m Final SB 100m Final | | |
| 12.40pm | IG 80m Hurdles | 1.15pm | IB/SB Javelin IG/SG Shot |
| 12.50pm | IB 1500m Steeplechase | | |
| 1. pm | IG/SG 1500m IB/SB 1500m | | |
| 1.15pm | IG 200m Final IB 200m Final SB200m Final | | |
| 1.30pm | Relay Finals 4 x 100m - IB/IG/ SG/ SB Relays 4 x 300m/ 4 x 400m | | |

**PLEASE NOTE –THE TIMES ABOVE ARE A GUIDE ONLY.
EVENTS CAN BE BROUGHT FORWARD AT THE DISCRETION
OF THE OFFICIALS & TRACK REFEREE.
ANY CHANGES WILL BE ANNOUNCED THROUGHOUT THE
DAY.
SOME EVENTS WILL NOT HAPPEN DUE TO LOW/ NO
ENTRIES.
PLEASE ENSURE ATHLETES ARE AWARE OF THIS & CHECK
THE PROGRAMME ON THE DAY ONCE THEY ARE FINALISED.**